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RAINMEN CAN'T FINISH OFF KEBS

QUEBEC FORCES A DECIDING GAME AFTER VERY CLOSE SEMIFINAL WIN OVER HALIFAX

PAGE 25

HALIFAX

metro

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WEEKEND, March 16-18, 2012



News worth sharing.

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"I love the smell of testosterone in the morning."

Q104

Inhale...

A loss of CONTROL

PAGE 6



Paramedics wheel away the driver of a tractor-trailer that overturned on Barrington Street Thursday. The driver of the truck was transported to hospital with undetermined injuries. ALEX BOUTILIER/METRO

Sid solid in latest return

He's back. It wasn't as flashy as last time, but Cole Harbour native still made an impact

Sidney Crosby's return after three months of inactivity didn't hurt the chemistry of the Pittsburgh Penguins one bit as they surged closer to the Eastern Conference-leading New York Rangers.

Crosby played for the first time since another bout with concussion symptoms forced him to the sidelines Dec. 5. He got on the score sheet Thursday night with an assist as the Penguins stretched their winning streak to 10 by beating the Rangers 5-2.

After missing 40 games during his latest stint on the shelf, Crosby played on a third line with Matt Cooke and Tyler Kennedy. Cooke scored twice, Kennedy had two assists and NHL points leader Evgeni Malkin added a goal for the Penguins, who haven't lost since Feb. 19 at Buffalo. Pittsburgh's winning streak

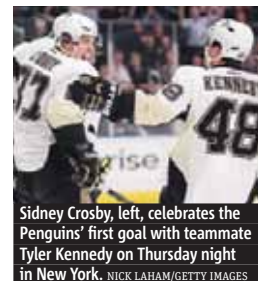
started two days later with a 2-0 home victory against the Rangers.

Crosby assisted on Chris Kunitz's goal that made it 4-2 at 3:01 of the third period, shortly after the Rangers had killed a four-minute, high-sticking penalty on Stu Bickel. Crosby swung behind the New York net and found Kunitz in the left circle for a shot that beat Martin Biron.

Pascal Dupuis pushed the Penguins' lead to 5-2 at 7:35. Crosby didn't figure in the scoring on that one, as Dupuis put in a rebound of defenceman Paul Martin's shot, but he was on the ice for three of Pittsburgh's goals.

The Penguins not only got Crosby back on Thursday but also defenceman Kris Letang, who was dealing with concussion issues as well. Letang had missed the previous five games, and had been sidelined for 21 earlier this season.

Crosby, who had two goals and eight assists in eight games this season before Thursday, heard a mixture of cheers and boos when he hit the ice during pre-game warmups. The



Sidney Crosby, left, celebrates the Penguins' first goal with teammate Tyler Kennedy on Thursday night in New York. NICK LAHAM/GETTY IMAGES

reaction turned more to boos as the game went along when Crosby had the puck.

Crosby made his season debut on Nov. 21 against the New York Islanders, his first game action since January 2011, and had two goals and two assists in that 5-0 home win. He lasted only seven games before being shut down again.

Penguins coach Dan Bylsma is looking to limit Crosby's ice time to about 15 minutes as he gets back into the swing of things. He is expected to play in each of Pittsburgh's remaining games.

THE ASSOCIATED PRESS

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This is a message to all Nova Scotians from the 3,500 members of NSGEU Local 42. Every minute of every day, we provide a vast range of health care services at Capital Health. We work as everything from Anaesthesia Assistants and Licensed Practical Nurses to Medical Lab Techs and Pharmacists. We all share a common goal: saving people's lives and helping them get better.

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History shows these provisions work: In every round that it's been required, we have been able to reach openly negotiated agreement with the employer on the provision of emergency services.

As you may have already heard, we are in the process of bargaining our next collective agreement, but it is



*Amanda is a
Sterile
Processing
Technician
at the VG*

not going smoothly. We are in the midst of taking a strike vote to express our serious concerns about the priorities of our employer and our government: they are making unsustainable demands on our time, our energy, and our resources.

We are not just negotiating our wages and working conditions; we are negotiating to protect the public health care we are so committed to delivering.

Rest assured that if we are forced to strike to have our concerns heard, we will continue to honour our responsibility to provide emergency services to all who need them.

We are proud of what we do and are striving constantly to do it better.

Ferry passengers relieved to be back on the boat

Back in action.

Access-A-Bus service is set to fully resume on Friday



ALY THOMSON
halifax@metronews.ca

As Diana Erskine sat reading a book on the Halifax ferry Thursday, she occasionally looked up to gaze out into a grey and rainy harbour. It's something she missed.

"I find it relaxing. It's a nice way to unwind after the day's work," said Erskine, who regularly takes the ferry to and from work at Alderney Landing in Dartmouth, but resorted to using her car during the strike.

Erskine was one of many who hopped across the harbour Thursday, as Metro Transit's ferry service resumed for the first time in six weeks.

Many regular users

Convenience

"Instead of walking across the bridge, I can be over to Halifax in about 15 minutes. It's a relief."

Kyle Connolly, 20
Regular ferry user

expressed relief, but for 25-year-old Maxwell Gallacher, it was the free ride that brought him onto the ferry.

"I used it today because it was free and I needed to get to (downtown Halifax)," said Gallacher, sitting in front of a window overlooking downtown Dartmouth.

About 40 people sipped coffees, listened to music and read books while crossing the harbour from Halifax to Dartmouth Thursday at about 4 p.m.

Lori Patterson, spokeswoman for Metro Transit, could not say the exact number of passengers who were



A passenger watches as a Dartmouth-bound ferry passes by on Thursday. RYAN TAPLIN/METRO

back using the service Thursday, but said ferry operators reported "lighter" crowds.

"But that also could be attributed to March break and that there is no bus connections yet for today," said Patterson, adding that normally 4,300 passengers trips are made per week day.

Patterson said operators noted that passengers were in good spirits.

"No complaints have been heard," she said. "The passengers seem happy to be back on the service."

Metro Transit's bus service resumes on Friday and could see a similar first day

as the ferry, said Paterson.

"It's hard to speculate. Depending on weather and different things, we expect it will gradually ramp up as the service is back in full operation," said Patterson.

"We expect the numbers to increase over the next few weeks."

Tory Arctic ship plan should be sunk: Official



The Canadian Coast Guard's medium icebreaker Henry Larsen is seen in Allen Bay during Operation Nanook, in Nunavut, on Aug. 25, 2010.

SEAN KILPATRICK/THE CANADIAN PRESS

At least \$1.4 billion is expected to be carved out of spending at National Defence in the coming fiscal year, but a longtime critic says some politically motivated programs should not survive Finance Minister Jim Flaherty's budget axe.

The coming March 29 budget is expected to see \$19.8 billion set aside for the military, a seven per cent decrease compared with last year's defence spending plan, according to preliminary federal estimates.

And those forecasts do not reflect the five or 10 per cent reductions the Conserv-

atives have asked all federal departments to deliver.

Liberal Sen. Colin Kenny, the former chair of the senate defence and security committee, said if the Harper government wants to make appropriate defence cuts it would look at its pet project of Arctic Offshore Patrol Ships.

The \$4.3-billion program was established to build between six and eight light naval icebreakers — slated to be the first military vessels constructed in Halifax under the recently announced national shipbuilding plan.

THE CANADIAN PRESS

Operating in the Arctic

Expected to be in the range of 6,000 tonnes each, the ships, when completed around 2014-15, will operate in the Arctic for up to eight months a year.

- **Too slow?** "They're just a dumb idea," said Liberal Senator Colin Kenny. "They don't break ice and they go 16 knots and that's slower than a fishing boat."

On the web

What men and fruit flies have in common

Wonder why some men hit the bottle after striking out? Seems they're not alone. Sex-deprived fruit flies also find solace in booze, according to a new study. Watch at metronews.ca/video

Twin Brooks

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NEWS

Mobile news

Skydiving daredevil Felix Baumgartner successfully lifted off a helium balloon for a test jump as he prepares to set a world record for the highest jump this summer. Scan the code for the story.

Tall ship

Simón Bolívar
rises again in
Halifax Harbour

A Venezuelan tall ship is set to sail into Halifax Harbour next week.

The Simón Bolívar, a sail-training vessel of the Venezuelan navy, will dock at the Cable Wharf from

March 19 to 24. The ship is named for the liberator of Bolivia, Colombia, Peru, Ecuador, Panama and Venezuela. The majestic vessel is a taste of what's to come, as the city will play host to dozens of ships this summer during the Tall Ship Festival from July 19 to 29.

Check out my-waterfront.ca for updates on when the ship will be open to the public.

ALY THOMSON/METRO

Partial lineup released

Junior Watson
headlines summer
jazz festival

The Halifax Jazz Fest gave music lovers their first taste of this year's lineup on Thursday.

Blues guitar legend Junior Watson will open the festival on July 7 at the

main tent on the waterfront. The following night, Russian-born, Israeli-raised, Toronto-based jazz singer Sophie Milman will take the stage at Casino Nova Scotia. Back at the tent, the "Screaming Eagle of Soul," Charles Bradley, will close the festival on July 13.

Tickets are available at halifaxjazzfestival.ca, by phone at 492-2225 or in person at 1313 Hollis Street. ALEX BOUTILIER/METRO

Bylaw defeated

Antigonish says
it's OK to smoke
on main drag

Antigonish town council has defeated a proposed bylaw that would have banned smoking on the community's Main Street.

Mayor Carl Chisholm says the town discussed the

bylaw at length and ended up taking recommendations from the health impact assessment committee.

Chisholm says council has decided instead to put up signs asking people not to smoke. He says the signs might encourage people to think twice before lighting up in public areas. He says the measure will also keep Main Street an inclusive environment.

THE CANADIAN PRESS

Shamrockin' the town

Tip o' the hat to the Irish. The city gears up for partying, parading and, of course, downing a pint or three



ALY THOMSON
halifax@metronews.ca

City bars are bracing for an influx of Irish revellers this weekend.

Joël Chiasson, general manager of the Old Triangle in downtown Halifax, said his pub will no doubt see more green-bearing St. Patrick's Day celebrants on Saturday, especially for its traditional Irish breakfast at 7 a.m.

"It will be crazy. The breakfast will be busier than in previous years because no one has to work," Chiasson said, adding that the proceeds of the breakfast go to the Irish Association of Nova Scotia.

Chiasson said the bar hosted about 1,000 people last year, and he expects to exceed that on Saturday. He said he predicts more of a younger crowd during the day, as students will not be tasked with choosing between classes and a pint of Guinness.

"We just try to rotate people in and out as much as we can, so everyone can experience the festivities," he



Get ready for the green wave this weekend. RYAN TAPLIN/METRO

said, adding the bar has a capacity of about 220.

A few blocks away at Dirty Nelly's, manager Mike Carey says he's not expecting any more people than usual because the bar is always brimming with liquor-stunk merry-makers no matter what day St. Paddy's falls on.

"We can't get any more people in here than we normally can. But I think it's going to be a bit busier throughout the day," Carey, adding that he opens at 8 a.m. and expects a line will form out-

side the bar shortly after.

Across the harbour, Dartmouth's Celtic Corner is gearing up for the day's events, which includes hosting a wedding at 11:15 a.m., as well as showing Ireland and England in a rugby match at 2 p.m.

Owner Jeff McLatchy said he'll also be opening a make-shift 80-seat addition to the outside of the bar.

"We're calling it the 'Carport Pub.' We were able to secure a licence for the area underneath our carport at

St. Patrick's Day parade

- **Green-letter day.** Halifax's fifth-annual St. Patrick's Day parade kicks off at the Hydrostone market at 11:30 a.m. and ends at St. Patrick's Church hall on Brunswick Street with a \$5 Irish lunch, cold beer and live music.

the back," McLatchy said, explaining there will be heaters, flat-screen televisions and, of course, a bar.

Spending scandal. Former Liberal to plead not guilty to fraud

The case of a former provincial cabinet minister charged in the constituency-spending scandal has been adjourned until next month.

Russell MacKinnon, charged with fraud, breach of trust and uttering forged documents, declined comment on Thursday outside the Supreme Court in Halifax, saying that's why he pays his defence lawyer "all the big bucks."

Lawyer Joel Pink said MacKinnon will fight the

charges.

"There's no question Mr. MacKinnon will be pleading not guilty," Pink said.

Judge Peter Rosinski set a pretrial conference in MacKinnon's case for April 27, and a date for his judge-only trial will be set on May 3.

MacKinnon, a Liberal who used to represent the riding of Cape Breton West, is one of four politicians charged in the spending scandal in February 2011.

THE CANADIAN PRESS

Muskrat Falls. Hydro project passes ecological assessments

The proposed Muskrat Falls hydroelectric project in Labrador has passed federal and provincial environmental assessments, a step toward proceeding with the \$6.2-billion development.

In their formal responses to a joint panel report on the project, Ottawa and the governments of Newfoundland and Nova Scotia reiterated their past assertions that Muskrat Falls is justified on both economic and environmental grounds.

They also rejected a recommendation to conduct fur-

ther analysis to determine the project's viability, concluding that sufficient information has already been provided to the panel.

Ottawa and the provinces say they will now proceed to issue the required federal authorizations for the project while trying to finalize a promised federal loan guarantee.

Opposition parties have been critical of the review process, saying Muskrat Falls should undergo greater scrutiny before it is sanctioned.

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Tractor-trailer loses control, slides down Barrington Street

Cleanup. Crews take more than four hours to clear flipped semi



ALEX BOUTILIER
alex.boutilier@metronews.ca

Gianna Jeffrey heard a loud bang before the tractor-trailer slid into the view from her desk.

The receptionist at Super Line Fuels said the truck was already on its side when it skidded down Barrington Street near the intersection at Duffus Street.

"I just saw him sliding right along the road," said Jeffrey.

"A lot of tractor-trailers, they go too fast around this corner. I've only been here a year, but a couple of other guys that work here, this is probably about the sixth or seventh one they've seen."

Police and emergency services closed off the section of Barrington Street just before 2 p.m. By 3 p.m., paramedics were able to remove the driver from the truck's cab and transfer him to an ambulance.

Timing

5 p.m.

Crews from the Department of Transportation and Infrastructure Renewal were able to remove the truck after 5 p.m.

One told the driver: "You're going to be all right, old buddy."

The man's status is not known, nor is the cause of the accident. Police are investigating.

One woman, who did not wish to identify herself, was one of the first people on the scene.

The driver "wasn't conscious, but he wasn't unconscious. He was just kind of moaning," the woman said.

"I heard the bang, then I came down. I went inside, well, at the edge (of the cab), and I was trying dig him out.... He was still stuck. And then I just took out all the debris, like all the stuff that was floating around inside that was loose.... I just dug it out of the way to get to him," she said.

"And then I basically just held his hand until police and the ambulance got here."



A tractor-trailer flipped on its side and skidded down Barrington Street Thursday afternoon. The road was closed for several hours. METRO

Woman struck in hit-and-run strives to walk again



Holy Grue is wheeled down the sidewalk by her father, Randy, outside the Nova Scotia Rehabilitation Centre on Thursday afternoon. The 22-year-old from Bass River is recovering from injuries she suffered after being hit by a car following a New Year's Eve dance. RYAN TAPLIN/METRO

Even though Holy Grue is relearning how to dress and wash herself, she is grateful to be alive.

The 22-year-old from Bass River is recovering from an accident on New Year's Eve in which she was hit by a vehicle.

"I am very lucky to be alive. It's been really hard to have a positive outlook when I think about everything that's wrong with me, and at first it was frustrating, but I am being positive," said Grue.

Grue began her recovery at the Halifax Infirmary and is now at the Nova Scotia Rehabilitation Centre in Halifax.

She's recovering from a traumatic brain injury, a broken back, ribs and ankle, a fractured spine and pelvis and torn ligaments in her left knee. She is still in a wheelchair and was told she may never walk again.

"The day the doctor told me there was a chance I would never walk again I

wished I was dead ... but I think I will walk again because I want to and I have a positive attitude," said Grue, adding through physiotherapy she can now feel hot and cold sensations on her legs.

Grue's memory has not fully recovered from the accident, either.

"I don't remember the accident. I remember leaving my parents to go to a dance (on New Year's Eve) and then I remember someone stopping, putting on their four-way flashers and calling for help," she said.

Grue was struck by a car as she was walking home from a New Year's Eve celebration at the Economy Community Centre.

A police investigation indicated a suspect vehicle didn't stop at the scene but was located a short distance away in the ditch on Highway 2.

The driver, a 25-year-old Economy resident, turned himself in to police shortly after.

He is back in court in April.

"I don't forgive him at all. What he's done to my life has changed it forever," said Grue.

In the meantime, Grue is taking life one day at a time and goes home for rehab on the weekends. The accident has taught her to not take time or life for granted.

"I've been told I'm an inspiration to others. The accident taught me you never know what will happen to you ... but my friends and family have been great and people have had fundraisers for me."

More than \$20,000 has been raised through community support and will be used towards Grue's medical expenses and making her home wheelchair accessible. **TRURO DAILY NEWS**



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To spend. Or not to spend?



BY THE NUMBERS
Rick Emberley
halifax@metronews.ca

Most households in the community, 63 per cent, have cut back on their household spending in the past six months, and people under the age of 35 were more likely to make those cuts than the 55-plus crowd.

It is quite obvious that discretionary spending on things such as entertainment, recreation and dining out are taking the biggest hit. Forty per cent of respondents say they are spending less on entertainment and recreation, and 25 per cent indicate they have cut back on meals outside the home. Many households, however, are also being more frugal when it comes to some of the necessary items on the household budget.

Of those surveyed, 28 per cent said they have reduced the weekly expenditure on groceries and 18 per cent have cut back on gas.

But it is not only our daily household spending that is being affected by the current

No vacation

15%

More people are reporting vacationing closer to home and 15 per cent say they don't expect to travel at all for their vacation this year.

economic climate. Respondents are telling us that they are a little more hesitant to spend on the big-ticket items. The exception to this is in the home-renovation area. Just over 40 per cent of folks told us they plan a "significant" renovation to their home during the year that they expect would cost them more than \$2,500.

Most of these views are influenced by people's confidence in the overall state of the economy, and more particularly their personal circumstance in it. Current concerns over job security are running at near-historical highs of over 80 per cent. This translates into the "Hesitant Consumer."

Rick Emberley is senior counsel with the polling firm MQO Research. He has conducted public-opinion research in the region for more than 25 years.

Dallaire donates his prize to Dal's Child Soldier Initiative

Contribution. Total donation is worth \$60,000, which school will use for workshops



ALEX BOUTILIER
alex.boutilier@metronews.ca

Retired Lt-Gen and Sen. Romeo Dallaire is donating \$60,000 to Dalhousie University's Child Soldier Initiative (CSI).

Dallaire, the author of one of the widest-known accounts of the Rwandan genocide, is the 2012 recipient of Delta Airlines Prize for Global Understanding.

The award includes a \$10,000 cash prize and a \$50,000 travel allowance for a non-profit of the recipient's choice. Dallaire chose to donate both to the Child Soldier Initiative, part of Dalhousie's Centre for Foreign Policy Studies.

The prize "is really significant because we hold a lot of workshops," said Shelley

When it started

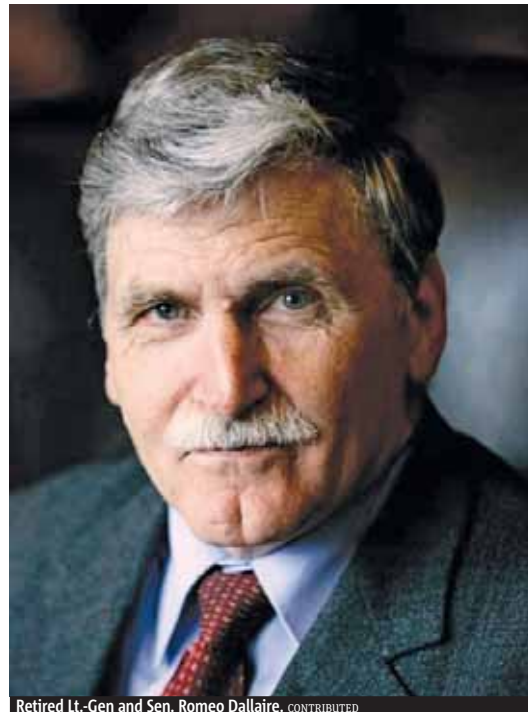
1997

The Delta Prize was established in 1997 by Delta Air Lines and the University of Georgia.

Whitman, the director of CSI. Whitman said CSI's budget is approximately \$350,000 a year — and the \$50,000 travel allowance will go a long way.

"Events... where you have to bring people from Sierra Leone or northern Uganda, (the travel allowance will) really help us. And it will also help us get to places where we do speaking, but also where we do training as well."

Dallaire has said he will devote the rest of his life to eliminate the use of child soldiers. His recent book, *They Fight Like Soldiers, They Die Like Children*, outlines the difficulties for adult soldiers when faced with the horrible situation of returning fire on children.



Retired Lt-Gen and Sen. Romeo Dallaire. CONTRIBUTED



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Privacy at risk with phone loss

Violation. Report finds that Ottawa residents are most likely to return lost cellphones — but will still comb through personal apps

If you've ever wondered what would happen if you lost your phone in public, a study conducted by an Ottawa-based security researcher suggests there's one thing you can almost surely count on — a complete violation of your privacy.

It's extremely unlikely that someone will pick up your phone and return it without first combing through your apps, photos, email and anything else that may be accessible without a password.

And the odds of getting your phone back are basically a coin toss, according to the report by Scott Wright of Security Perspectives Inc., and the security software company Symantec.

Wright "accidentally" dropped cellphones throughout his hometown and four major U.S. cities as part of his experiment. Each phone was left unlocked and the "owner's" contact information was easily accessible.

Of the 50 phones he left in Los Angeles, New York, Ottawa, San Francisco and Washington D.C. — in phone booths, elevators, restaurants, transit stations and public washrooms — only 25 were picked up by someone who made an attempt to return the device.

But even those Good Sam-

Findings



- Overall, 89 per cent of the 50 phones had personal apps accessed. And 83 per cent had corporate apps and information clicked on.
- The photo app was tried most frequently, 72 per cent of the time. It was followed by social networking and personal email apps (60 per cent), a saved passwords app (57 per cent), the remote admin app (49 per cent), the corporate email app (45 per cent) and the online banking app (43 per cent).

aritans couldn't help themselves. Wright was watching remotely as 96 per cent of the "lost" smartphones were accessed, as the finders poked through apps labelled with names such as online banking, webmail, corporate email and private pix.

More phones were returned in Ottawa than anywhere else. Seven of the 10 phones dropped in the nation's capital were picked up by people who called to say they found them, compared to just three in New York.

But Wright was still disturbed by how much those phones were used before and after contact was made.

THE CANADIAN PRESS



Kate shows her sporty side at Olympic Park

Catherine, the Duchess of Cambridge, plays field hockey with Great Britain's national teams at the Riverside Arena in the Olympic Park on Thursday in London, England. Catherine viewed the Olympic park and met members of the men's and women's teams. CHRIS JACKSON/GETTY IMAGES

Health care

Lung disease to cost \$24.1B

A new forecast from the Conference Board of Canada predicts the economic burden of three chronic lung diseases will be \$24.1 billion in the year 2030.

But it suggests that new strategies to reduce risk factors could reduce this amount by an estimated \$1.5 billion. These include reducing smoking rates and second-hand smoke exposure, as well as exposure to carcinogens in high-risk professions. THE CANADIAN PRESS

Federal budget

Feds to chop defence budget

The coming March 29 budget is expected to see \$19.8 billion set aside for the military, a seven per cent decrease compared with last year's defence spending plan, according to preliminary federal estimates.

And those forecasts do not reflect the five or 10 per cent reductions the Conservatives have asked all federal departments to deliver. THE CANADIAN PRESS

Online surveillance

Activists threaten minister over bill

House of Commons technicians went on alert after online threats were made against Public Safety Minister Vic Toews — they even checked to ensure the videos weren't coming from Parliament Hill.

The activist collective Anonymous claimed responsibility for a series of videos posted online last month digging into Toews' personal life and promising further attacks if he didn't kill a recently introduced online surveillance bill. THE CANADIAN PRESS

Veterinary care

Pets to feel pain of drug shortage

Veterinarians say sick pets may soon feel the pain of the drug shortage that has already affected some of their masters.

Animals use many of the same pain-relieving drugs used in human medicine and vets across the country say the current shortage will soon impact them.

The Canadian Veterinary Medical Association has already told vets to start looking for alternative drugs. THE CANADIAN PRESS

Coke's Arctic-research campaign meeting goals



A mom and her cub take a break near Churchill, Man., in November 2011.

ELISHA DACEY/METRO ZZZ

While the design of the can may have caused a bit of a backlash, Arctic research is the winner.

About six months ago Coca-Cola launched a campaign called Arctic Home with the goal of raising a total of \$4 million for Arctic research — \$2 million over four years from Coke, \$1 million from North Americans and \$1 million more from Coke in matching donations.

The campaign's first phase ended Thursday, and consumers have responded, said Coke spokesperson Dave Moran.

"Has it been the most successful ... campaign we've ever done? Yes," said Moran.

Moran didn't have the final numbers, but said as of last week the campaign was close to reaching its goal. "And keep in mind, this is only the first year (of a five-year campaign)," he said.

Geoff York, polar bear biologist with World Wildlife Fund's Global Arctic program, said the money means more research in remote northern areas. It also means more community outreach with the Inuit and other lo-

Backlash

- The original design of the can, silver with white polar bears, caused customers to complain it looked too similar to the Diet Coke can. It was changed to a red can with white polar bears.

cal municipalities that either own or steward the land.

It's unknown how many polar bears live in the extreme northern reaches.

ELISHA DACEY/METRO WINNIPEG

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Til the earless bunny, shown at two weeks old, had his 15 minutes of fame brought to an abrupt end on Wednesday. UWE MEINHOLD/DAPD/THE ASSOCIATED PRESS

Misstep spells untimely demise for celebrity bunny

'Direct hit.' Germany's rare earless bunny meets a tragic end after being accidentally squashed by a TV cameraman

An earless baby bunny that was a rising star on Germany's celebrity animal scene had his 15 minutes of fame brought to an abrupt end when he was accidentally stepped on by a television cameraman.

The fate of 17-day-old Til, a bunny with a genetic defect, was plastered across German

newspapers on Thursday, the same day a small zoo in Saxony was to have presented him to the world at a press conference.

The cameraman told Bild newspaper he hadn't seen Til, who had buried himself in hay, when he took the fateful step backward Wednesday.

Zoo director Uwe Dempewolf tells Spiegel magazine Til didn't suffer: "It was a direct hit."

Germany has been home to several global animal celebrities in recent years, including polar bear Knut and Paul the prognosticating octopus.

THE ASSOCIATED PRESS

Weird science. Sex-deprived male fruit flies flock to the booze

Guys, when your sweetheart says "No thanks" to sex, do you knock back a few stiff drinks to feel better? Turns out fruit flies do pretty much the same thing.

That's the word from a new study that may explain why both species react that way.

In Friday's issue of the journal *Science*, researchers propose a biological explanation for why "Not tonight, dear" may lead to "Gimme another beer." If it proves true in people, it may help scientists find new medications to fight alcoholism.

In that case, we can thank thousands of frustrated flies.

One by one, these eager Lotharios were put into a container with a female that had just mated. So she was really, really not interested in doing it again anytime soon. She would run away. She would kick the male. She would stick out her egg-laying organ to hold him at bay.

The male flies went through three hour-long sessions of this every day for four days, enough rejection to discourage them



A male fruit fly drinks alcohol-laced food from a tube.

THE ASSOCIATED PRESS

from trying any more.

After that experience, rejected flies were put in vials and given a choice of regular food or alcohol-laced food. They consistently went for the alcohol more than did the male flies that had just mated. In fact, they evidently got drunk.

Some rejected males were moved to a different environment, where groups of guys mingled with receptive females. After the guys had sex, their yen for alcohol declined.

The researchers also paired thousands of other male flies with dead virgin females, so that they didn't experience rejection but didn't have sex either. They still drank alcohol.

What's going on here?

The researchers did other work that implicates a substance in the fly brain called NPF. They theorize that pleasurable activities like having sex boost the activity of brain circuits that use NPF, and that feels good. If a fly is denied sex, the system goes into deficit, driving the fly to seek other rewarding activities such as drinking alcohol.

"I think it's a pretty good bet that it will translate to humans," said Ulrike Heberlein of the University of California, San Francisco, who led the research. If so, "one can say we could now understand why a negative experience, such as a sexual rejection, could drive somebody to drink."

THE ASSOCIATED PRESS

It's the cup final of composting.



Three cheers for Nova Scotia's waste reduction heroes. If you've been inspired by an individual or organization who has excelled at reducing waste, nominate them for a **2012 Mobius Award of Environmental Excellence** at mobius.rrfb.com



Human applications?

Further research into NPF brain circuitry could shed light on the biology of alcohol abuse and possibly point to treatments someday, said Troy Zars of the University of Missouri in Columbia, who didn't participate in the new work.

- **Fruit flies are** a favourite lab animal in part because scientists have exquisite control over their biology. Here, the researchers were able to alter brain function to zero in on NPF's role.
- **Whatever the relevance** to humans, the work already pays off when head researcher Ulrike Heberlein meets people at parties.
- **"It makes for** wonderful conversation," she said. "When you tell them this story, they just really can't believe it."

One year, but no celebration

Syria. Strife getting worse a year after uprising began

Thousands of Syrians rallied Thursday in Damascus in a display of loyalty to President Bashar Assad, waving flags under a slate grey sky to protest the anniversary of a rebellion that the government says is driven by terrorists, gangsters and extremists.

Outside the Syrian capital, however, tanks and snipers besieged opposition areas, including the southern city of Daraa, where the uprising began a year ago, touched off by the arrest of a group of youths who scrawled anti-regime graffiti on a wall.

One year into the Syrian revolt, the fight to oust Assad is cascading toward civil war with more than 8,000 killed and no end in sight to the bloodshed. Worst-case scenarios are playing out in a country where many remain shackled by corruption, a suffocating security apparatus and a family dictatorship that rules more than 22 million people.

"We know that this is a criminal regime, but we didn't



Hundreds of Syrian refugees, who fled the violence in their country, stage a protest against the regime and its leader Bashar Assad in Reyhanli, Turkey, Thursday. BURHAN OZBILICI/THE ASSOCIATED PRESS

expect it to reach this amount of killing," Amer Mattar, a 26-year-old activist, told The Associated Press from Jordan, where he fled to safety after being arrested twice in Syria.

Despite widening international condemnation and

biting sanctions, Assad's regime has remained intact and intelligence analysts say the rebels have yet to pose a serious challenge to his powerful military.

Assad also has retained the support of many in Syria's

business classes and minority communities, who worry they would lose protections under a new regime. Still others harbour an understandable fear of the unknown, given the rampant divisions within the opposition. THE ASSOCIATED PRESS

On the dictators' playlists

According to the Guardian newspaper, leaked emails revealed Syrian dictator Bashar Al-Assad was busy adding to his iTunes collection while his country lurched into civil war. Here's a look at what he, and other famous tyrants, have listened to.



• Bashar Al-Assad

The Syrian strongman seems to have a preference for the R&B side of pop: Chris Brown and Leona Lewis are among his recent purchases. Clearly a hopeless romantic, he sent his wife, Asma, the song God Gave Me You by country music star Blake Shelton.



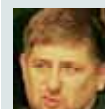
• Kim Jong-il

The late autocrat of North Korea had a weakness for English singer-guitarist Eric Clapton. A 2007 WikiLeaks cable advised the U.S. government that arranging a concert would "be an opportunity to build goodwill."



• Osama Bin Laden

Outwardly a strict Muslim, his alleged ex-lover Kola Boof claims the al-Qaida despot had a louder side: "He would become this devout party boy who wanted to hear Van Halen or some B-52s."



• Ramzan Kadyrov

The Chechen leader has been accused of torture and murder, but for his birthday last October, Kadyrov flew in British singer Seal to perform his favourite song, Kiss from a Rose. Seal was criticized by human rights groups



• Moammar Gadhafi

Music lover Gadhafi hired Lionel Richie to play at his 2006 Concert for Peace in Libya, and was star-struck when he asked for the singer's autograph.

KIERON MONKS/METRO WORLD NEWS

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Fans allegedly murdered. 75 charged in Egypt's post-game soccer riots

Egypt's top prosecutor on Thursday charged 75 people in connection with a deadly soccer riot last month in the Mediterranean city of Port Said in which authorities said fans were thrown to their death off the stadium walls and others killed by explosives as they tried to flee.

Scores of fans face murder charges and nine police officers were accused of complicity in murder, in the Feb. 1 riot that left at least 74 people dead. It was the world's worst soccer-related disaster in 15 years.

The riot began minutes after the final whistle in a league game between Cairo club al-Ahly and al-Masry of Port Said. The home side won 3-1, but its fans set upon the rival supporters in a killing frenzy that witnesses said lasted 30 minutes. Many witnesses claimed that policemen at the venue did nothing to stop the bloodshed.

The riot shocked soccer-crazy Egypt, deepening the sense of uncertainty felt by many as their nation continues to be roiled by unrest.

THE ASSOCIATED PRESS



The soccer stadium the day after deadly clashes. THE ASSOCIATED PRESS

Hooliganism

The office of the prosecutor general said the charges were based on video footage and the confessions of suspects.

- **Prepared.** The killing of the protesters was allegedly planned in advance with the culprits ready with knives, rocks and explosives.
- **Heated history.** The teams' fans have a history of animosity, but no one expected the rivalry would turn murderous.



Stones thrown in Chile

A demonstrator throws stones at a riot police vehicle during the year's first student protest in Santiago on Thursday. High school students are protesting educational reforms, saying their demands have not been met. ROBERTO CANDIA/THE ASSOCIATED PRESS

No joke. Cops irked by 'hidden body' text

Teen hijinks

15 years

Age of girl who sent a random text saying: "I hid the body ... Now what?" The recipient was a police detective.

the prank from a website.

Police didn't find the prank funny and say it tied up some of the department's resources. The girl was released with a warning.

THE ASSOCIATED PRESS

A northwest Arkansas teenager thought it would be funny to text a random phone number saying she hid a body, but the joke backfired.

Of all the local phone numbers she could have chosen, the 15-year-old Rogers girl picked one that belonged to a police detective. Police found the girl's address by tracing her cellphone number.

The prank? To text: "I hid the body ... Now what?" to a random phone number. The teen said she got the idea for

\$16.8-million fraud

Amish community swindled by one of its own

An Ohio man has admitted defrauding fellow Amish in 29 states out of nearly \$17 million.

Monroe L. Beachy, 77, changed his plea to guilty Thursday in U.S. federal court.

The judge ordered a pre-sentence report and scheduled sentencing for

May 24. A one-count mail-fraud indictment returned last year charged Beachy with promising investors safe securities, but instead moving money to riskier investments.

The indictment says nearly 2,700 people and entities, including an Amish community loan fund, lost about \$16.8 million since 2006.

Beachy's company has filed for bankruptcy protection.

The charge carries a maximum 20-year sentence.

THE ASSOCIATED PRESS



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Top 5: March 15th

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- 4 Bruno Mars It Will Rain
- 3 Flo Rida ft Sia Wild Ones
- 2 Adele Set Fire To The Rain
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Digital dollars

PayPal launches mobile service

PayPal has launched PayPal Here, a mobile payments service that lets businesses accept credit cards using a small triangular card reader attached to an iPhone.

Customers will be able to pay using credit cards, their PayPal accounts or cheques in the U.S. But they don't need a PayPal account to do so. **THE ASSOCIATED PRESS**

Housing's hot

Home sales up in February

An early bout of spring weather helped Canadian home sales pick up in February. The Canadian Real Estate Association said Thursday home sales in February rose 1.4 per cent from the prior month, gaining back one-third of the monthly decline in activity between December and January. **THE CANADIAN PRESS**



Canadian home sales are on the rise.
STEVEN SENNE/THE ASSOCIATED PRESS

Credit crunch

Household debt on the rise

Statistics Canada reported Thursday that household credit market debt, which includes credit cards, mortgages and loans, rose in the fourth quarter, even as borrowing slowed.

"At 150.6 per cent, household indebtedness remains excessive," said TD economist Diana Petramala. **THE CANADIAN PRESS**

Social media. U.S. considers laws governing digital estates after death

When Karen Williams' son died in a motorcycle crash, the U.S. woman turned to his Facebook account in hopes of learning more about him.

Williams found his password and emailed the company, asking administrators to maintain 22-year-old Loren Williams' account so she could look through his posts and comments by his friends. But within two hours, she said, Facebook changed the password, blocking her efforts.

Now lawmakers and attorneys in at least two U.S. states are considering proposals that would require Facebook and other social networks to grant access to loved ones when a family member dies, essentially making the site contents part of a person's digital estate.

The issue is increasingly important as people record more online and more disputes break out over that material.

THE ASSOCIATED PRESS



Karen Williams holds a newspaper clipping about her son Loren Williams at her home in Beaverton, Ore. When Loren died, the Oregon mother wanted access to her son's Facebook account. **RICK BOWMER/THE ASSOCIATED PRESS**

Tablet mania. Sales begin Friday for latest version of Apple's iPad

The customary storefront crowds are expected to gather as Apple's latest iPad goes on sale Friday. Long lines are likely even though customers could have ordered the new tablet computer ahead of time for first-day home delivery.

The third version of Apple's iPad will be available in Canada, the U.S. and nine other countries beginning at 8 a.m. local time. The new model comes with a faster processor and a much sharper screen. It also boasts an improved cam-



Ryo Takahashi waits to buy a new iPad at an Apple store in Tokyo.
SHIZUO KAMBAYASHI/THE ASSOCIATED PRESS

era, similar to that of the latest iPhone. **THE ASSOCIATED PRESS**

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JANN ARDEN GETS SOMETHING TO SING ABOUT



THE LIST
Neil Morton
Metro

1 Jann Arden kicked off train: The singer tweeted her anger via @jannarden to VIA Rail after they asked her to disembark for having her dog Midi with her in

a carrier (which is against VIA's rules). Some agreed with Arden and thought she was being a Good Mother; others said she was being Insensitive to those with allergies. It's a doggone world.

2 Bachelor finale: Winemaker Ben did what every female on the face of the planet didn't want him to do on the finale — pick evil Courtney over girl-next-door Lindzi. Now you know what it's like, ladies, when you pick the "bad boys" to date over the nice ones. Oh, right, you marry them. Ask my wife. (I'm nice now. She converted me.)

3 Manteresting.com: It's the alpha-male version of the enormously successful online social-media site Pinterest, and goes by the tagline "Interesting. Man. Things." So far it's a lot of pics of chicks in bikinis, professional athletes, gadgets and BBQ stuff. In other words, the ultimate mancave bookmarking site.

4 Robert Herjavec: CBC's Dragons' Den is losing one of its star dragons, as the affable Herjavec has decided not to return next season after six years with the show. The search for a new dragon is underway. I once invested 50 cents in a lemonade stand in Grade 2 and it turned a \$5 profit in one day. Perfect candidate.

5 Biebernapping: A life-sized cutout of the Biebs was "kidnapped" at a Booster Juice in Winnipeg, a place Bieber visited last year. The owner is offering a \$25 Booster Juice gift card as a reward for whoever returns it undamaged. I don't know what's worse — that the life-size cutout was stolen, or that this actually made the news.

6 House-party-gone-viral a bust: Calgary high school student Hunter Mills tweeted about his buddy Kris Morrey's upcoming party using the hashtag #projectkris, a play on the film Project X, which features a huge house party. The tweet went viral, trending around the globe. Mills wisely chose a new location for the weekend party, a night club. So there was no Animal House. And Morrey is not grounded forever.

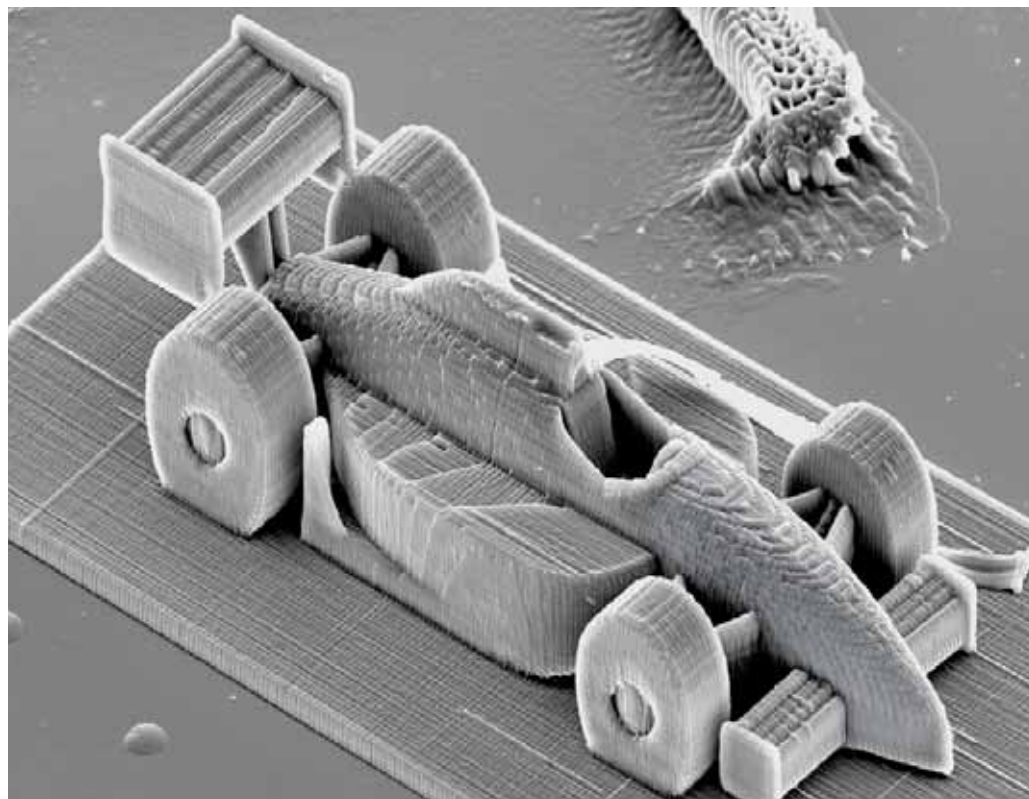
7 @rentagrandmacom: It sounds like a parody account but it's actually the Twitter handle for Rentagrandma.com, a U.S. service that allows you to hire a grandma to babysit your kids instead of a teenager. Child care is vital to Mom and Dad when they're out on date night, and who's more responsible than a Grandma, right? Grandpa better not show up and raid the liquor cabinet, though.

8 Chris Kaman's Bobcat: The NBA centre for the New Orleans Hornets tweeted "Guess who we're playing tonight?!" with a picture of him holding a dead bobcat in his driveway this week before a game against the Charlotte Bobcats. Two things Kaman has since heard: One, that's some mighty weird trash talk, and, two, your Hornets went out and lost to the Bobcats.



They say nice guys finish last. Perhaps it applies to girls, too? HANDOUT

As small as a piece of sand



VIENNA UNIVERSITY OF TECHNOLOGY

Auto printing

3-D car breaks speed record

VIENNA. This race car is both small and fast — well, at least in how it's made.

This is a replica — the size of a grain of sand — made using a high-precision 3-D printer at Vienna University of Technology. Researchers claim this printer is the fastest yet to use the "two-photon lithography" printing technique. **MWN**

Technology

"Until now, this technique used to be quite slow. Printing used to be measured in millimetres per second — our device can do five metres in one second."

Prof. Jürgen Stampfl
Institute of Materials Science,
Vienna University of Technology

Laser

Two-photon lithography 101

TECHNIQUE. This new device prints liquid resin that hardens when it's hit with two photons from a laser beam.

Constantly moving mirrors guide the beam to the right spot while the printer operates. The results are a high resolution of solid polymer, hundreds of nanometres in size, but with intricately structured sculptures. **MWN**

240 seconds

285

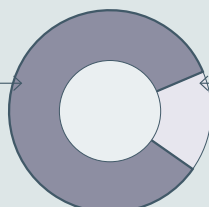
Nanometres is the length of this race-car model — this is approximately 1/1,000 the width of a human hair. Due to the fast guiding of the laser, the race car's 100 layers, consisting of roughly 200 single lines each, are made in four minutes.



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& pummeling workers? #TransitStrike Can we audit that?

@LousyRock:

With the # of cars southbound on Lr. Water this week, I'm guessing country bumpkins are in the city for the 1st time since summer. #Halifax

@jdub902:

You know you're in #dartmouth when you take your baby for a walk in a shopping cart instead of a stroller

@BigJ/McC:

So how's #Halifax council feeling now about "taking on union"

@pungergirl:

"It's time to move on, time to get going What lies ahead, I have no way of knowing" Tom Petty, 11 more weeks til #Halifax



Ed Helms is part of the stellar cast that makes up Jeff, Who Lives at Home. HANDOUT

Fun film isn't slacking

Reel Guys

RICHARD CROUSE AND MARK BRESLIN



Jeff, Who Lives at Home. Duplass Brothers product has an indie sensibility

Richard: Mark, I'm not sure how to describe this movie. It's sort of a comedy, kind of a drama and a bit of a character study and yet it isn't really any of those things. The Duplass Brothers, best known for the indie films, have mixed and matched tones and come up with something that is likeable despite the strange premise and characters.

Mark: It's not quite a comedy, but it's so likeable that it feels like one. The movie is small, and short, and has the charms of a shaggy-dog tale. What the movie really has going for it is its casting. All four leads — Jason

Segel, Ed Helms, Judy Greer, and Susan Sarandon, do stellar, unglamorous work, and I can't imagine the movie without them. I thought the movie might be 80 minutes of slacker jokes, but it has something more on its mind — something at once more everyday and more cosmic.

RC: It is deeply connected to its characters and the relationships that bind them and for me that is the thing that really sells the movie. Most of the characters are edgy — except for Susan Sarandon's world-weary single mom and her free spirited co-worker played by Rae Dawn Chong — but because there's no cynicism here they become real people that you care about. Quite a feat in 85 minutes.

MB: I also liked the way that some details that seem irrelevant in the first part of the

film actually play out by its finish — at first I thought these details were random time-killers, but by the end, they all add to the film's closure. But Richard, with all of the movie's modesty, fragility and scale, did you not feel that if the film's location were moved from Baton Rouge to Regina, we could have been watching a Canadian film?

RC: It exists at the intersection of indie and mainstream film, which I believe is located in Vancouver these days, nicely blending the DIY sensibility of the directors with the appeal of the A-list-y cast. We specialize in making small, character-driven movies and that's exactly what this one is. What it has, that Canadian films don't is the marketing push of Paramount behind it.

MB: Yes, it seemed an odd film to open wide, but

Synopsis

Thirty-something unemployed slacker Jeff (Jason Segel) still lives in his mother's (Susan Sarandon) basement. His worldview is formed by the enormous amount of drugs he smokes and the M. Night Shyamalan movie Signs. To him nothing is random; everything is a sign. When his mom sends him on an errand a series of "omens" find him chasing after a stranger named Kevin and becoming involved in his brother's (Ed Helms) marriage.

- Richard ●●●●●
- Mark ●●●●●

somebody really believes in it, and that's nice to see. Nice is a good word for this film. It's not going to rock anyone's world, but it's a tasty little truffle in the banquet of cinema.

2

SCENE

Scene in brief

Eastwood comes to TV

Clint Eastwood's family is coming to TV in a new reality show. The E! network said Tuesday that Mrs. Eastwood & Company will premiere May 20 as a 10-episode series. The show spotlights Dina Eastwood, who has been married to the Oscar-winning actor-director since 1996. Also on hand are the Eastwoods' 15-year-old daughter, Morgan, as well as 18-year-old Francesca, Clint Eastwood's daughter with actress Frances Fisher.

THE ASSOCIATED PRESS

On the Web



John Legend, Mumford & Sons in the lineup for state dinner entertainment

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Comedy



21 Jump Street

Directors. Phil Lord, Chris Miller

Stars. Jonah Hill,
Channing Tatum

The big-screen comic adaptation of '80s TV hit 21 Jump Street is anything but consistent. But oddly enough, it still sort of works. Led by Superbad-star Jonah Hill and Channing Tatum, this adventure of two bumbling cops reliving high school as undercover narcs combines slapstick with shootouts in what amounts to one extravagant but groundless gagfest. 21 Jump Street's laughs play broad and immodestly bold and it's forgettable fun.

STEVE GOW

Comedy



Friends with Kids

Directors. Jennifer Westfeldt

Stars. Jennifer Westfeldt,
Adam Scott, Maya Rudolph

In Friends with Kids, a platonic couple are forced to examine the true nature of their relationship after they decide to have a child with no strings attached. The premise sounds familiar but Friends with Kids takes a tired idea in a tired genre and breathes some new life into it. Writer/director/star Jennifer Westfeldt has assembled a great cast, but as charming as they make the first hour, the film suffers from a predictable ending.

RICHARD CROUSE

Quoted

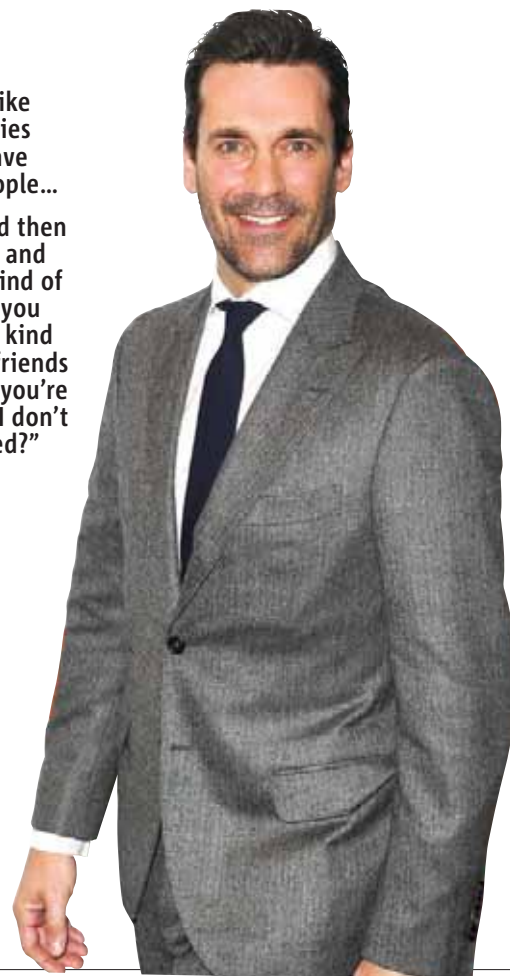
"I think one year we went to something like seven or eight one-year-old birthday parties where we were just like, 'Oh my god, I have nothing in common with any of these people..."

"That was kind of a weird realization. And then we went to two-year-old birthday parties and three-year-old birthday parties and you kind of kept seeing fewer and fewer people that you knew at these parties because everybody kind of grouped off into school friends or kid friends or whatever.... By the time they turn five you're like, 'I don't know anybody at this party. I don't know any of these people. What happened?'"

John Hamm, actor

Friends With Kids' star about he and his wife Jennifer Westfeldt — who writes, directs, produces and stars in the indie dramedy — watching their social circle break apart as friends began to have children.

THE CANADIAN PRESS

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BURNS☐ "A HILARIOUS HIT."JESSICA HENDERSON, *marie claire*☐ "Laughs in all the right places."KRISTA SMITH, *VANITY FAIR*☐ "A rapid-fire crowd-pleaser."LOGAN HILL, *NEW YORK*☐ "Great, funny and touching."MICHELLE KUNG, *THE WALL STREET JOURNAL*☒ **All of the above.**

friends with kids

WRITTEN AND DIRECTED BY JENNIFER WESTFELDT

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Roots, Rock, Reggae on display

Festival. From Bob Marley to Big Star, '70s music playing again in varied SXSW documentaries

Whether reggae, soft rock, hardcore punk or power pop, the music of the '70s is playing again at South By Southwest.

Several of the many music documentaries at this year's SXSW revisit acts from the decade, a time often skipped over in pop culture history. But for that same reason, the '70s left a number of stories ripe for rediscovery or more thorough examination.

Put under the documentary lens is the beloved legend Bob Marley (Marley), the forgotten songwriting talent Paul Williams (Paul Williams Still Alive), the cult band that proved curiously resistant to the mainstream Big Star (Big Star: Nothing Can Hurt Me), the radical punk of Bad Brains (Bad Brains: Band in DC) and the curious story of rocker Rodriguez (Search for Sugar Man).

The films are among the



Director Kevin Macdonald, left, and Ziggy Marley discuss the new documentary film Marley, at SXSW this week. JACK PLUNKETT/THE ASSOCIATED PRESS

highlights of SXSW's robust music documentaries, which essentially make up the connective tissue between the film and music components of the annual Austin festival. Many of them are grouped under their own music docu-

mentaries category, 24 Beats Per Second.

Marley, which will be released April 20, takes a linear, biographic approach that takes nearly 2 1/2 hours to tell the life story of Marley through friends and family.

It might be called the "roots rock reggae" take on a subject often shrouded in iconography and myth.

"For all these years, I've seen so many things on Bob and I always felt like: 'Who are these people talking about

Bob and writing about Bob?'" says Ziggy Marley, the eldest son of the Jamaican legend.

The film is a long in-the-works project authorized by the Marley family (Ziggy is an executive producer) that originally had Martin Scorsese signed up to direct.

Then Jonathan Demme, whose music documentaries include Stop Making Sense and Neil Young: Heart of Gold, came aboard and made a version. He left in 2009 after what he called "profound creative differences."

Director Kevin Macdonald has made a number of documentaries, himself, including 2003's Touching the Void, but it was his fiction film The Last King of Scotland that led him to Marley. While shooting in Uganda, he saw that Marley's popularity reached even to remote African slums.

He hopes that "Marley" is the definitive documentary of the musician, and that it being "authorized" doesn't detract from its clarity.

"You can't worry about that if you're trying to be impartial, if you're trying to be honest," says Macdonald of collaborating with the Marleys.

"In a way we worked

Contest

- This weekend is your last opportunity to cast your vote in Hollywood Suite's The True Movie Lover Video Contest. The contest features movie lovers reenacting their favourite movie moments, mimicking their favourite actors or giving their unique synopsis of their favourite films.
- Among the entries were a reenactment of Ghostbusters, a Princess Bride impression, an interesting take on Groundhog Day, and a fan's version of 2001: A Space Odyssey.
- Voting stays open until Sunday at hollywoodsuite.ca/contest, and the winning video will be announced on Monday. **METRO**

together and in another way we didn't. Because I was in London and (Ziggy) lives in L.A. and some of the other family is in Florida and places, we didn't actually see that much of each other while making the film."

THE ASSOCIATED PRESS

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Peter Travers, *Rolling Stone*



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Jennifer Lawrence with co-star Elizabeth Banks. HANDOUT

Jennifer Lawrence remains calm in the face of fame

The Hunger Games. Star gets over her fear of being known only as Katniss Everdeen

NED EHRBAR
Metro World News in Hollywood

The Hunger Games has changed Jennifer Lawrence's life in at least one way: she's armed now. "I mean, I still have arrows in my car," Lawrence admits. (Her character in the film, Katniss Everdeen, is a talented bow-hunter, so Lawrence has had to master archery.)

Lawrence made such an impression as Ree Dolly in the

critically acclaimed Winter's Bone — playing a hard-luck teen who must provide for her impoverished family — that producers of the Hunger Games immediately thought of her for Katniss, a hard-luck teen who must provide for her impoverished family. Heck, both characters even hunt squirrels. "White trash with too much responsibility," Lawrence says, comparing the characters, a mischievous grin on her face. "My publicist doesn't like it when I say that."

While Lawrence was a fan of the book series, she still had hesitations about taking the role — and was even close to turning it down outright. "It was so big. I love my life, and there's not a lot of times in a person's life where a yes or no decision can change your life forever and it will never, no matter what, go back to the way it was before. And that was terrifying to me," she admits.

"Even from a professional standpoint, I wanted to continue to make small passion projects that I love and I still want people to be able to lose themselves in my characters."

Identity loss

"I don't want people to watch something and go 'Oh yeah, look at what Katniss is doing. Oh, Katniss is wearing a dress.'"

The Hunger Games star Jennifer Lawrence talking about her fear of taking on the major role of Katniss Everdeen in the franchise.

I don't want people to watch something and go, 'Oh yeah, look at what Katniss is doing. Oh, Katniss is wearing a dress.' I didn't want that, but I realized that all of the no's just had to do with me being scared. I didn't want to miss out on something just because I was scared."

It's no secret that many are looking to the Hunger Games as the new young adult mega-franchise, what with Twilight tying up its prolonged victory lap later this year.

"I kind of feel like an idiot because I haven't even thought about it," she says. "Everybody is like, 'The movie is coming out!' And I'm like, 'Yup,'" she says.



For the role of The Hunger Games heroine Katniss Everdeen, Jennifer Lawrence had to master archery. HANDOUT

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Stars relish learning hand-to-hand combat

Training. The Hunger Games kids have a list of new skills to add to their resumés



NED EHRBAR
Metro World News in Hollywood

The young Tributes of the Hunger Games engage in some elaborate combat during their tour-

namment, which meant more than the usual training for the teenage actors portraying them. And as Jennifer Lawrence had to become proficient with a bow to play archery savant Katniss, each actor had to get to know the weapon of choice of their respective character. "I did a lot of knife-throwing and I actually learned how to throw knives, which was amazing," says Isabelle Fuhrman, who plays menacing District 2 tribute Clove.

The knife-throwing turned out to be something of a revelation for the young actress. "This is going to sound weird, but it's very beautiful, being able to say, 'Yeah, I can throw knives,'" she admits. "It was really hard for me to learn how to do it, and so I definitely want to keep up with it."

Fuhrman got a bit carried away with her new skills, according to co-star Amanda Stenberg. "We'd be like, 'Hey Isabelle, want to have a sleep-

over?' And she'd [be flipping around a butterfly knife] like, 'Oh, sure,'" says Stenberg.

While prep involved hand-to-hand combat and sword training for Alexander Ludwig, who plays hulking District 1 tribute Cato, the hardest part was ditching the bulk he packed on for the role. "I'm still trying to go back to my normal size," Ludwig says. "It's way harder to lose weight than to put it on. I have so much more sympathy for fat people."



The Hunger Games kids received plenty of combat training. HANDOUT

Rating. What about all that violence in the book?

The Hunger Games is by no means a tame book, what with its teenagers hunting and killing each other in the style of gladiators.

But the filmmakers still wanted to reach the target young adult audience that so embraced the books, which meant going for a PG-13 rating.

And while the finished product at times goes right up to the line of what that rating will allow, director Gary Ross insists they didn't have to scale anything back for the

Motion Picture Association of America (MPAA), which sets ratings for films released in the U.S.

"After going to the MPAA, I may have changed a shot or two. That was it," Ross says.

"We didn't really back off the violence in any way. It's specific where it needs to be, but we also don't need to be indulgent or overly graphic or exploitive, you don't need to get lurid," he says.

NED EHRBAR, METRO WORLD NEWS

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21 Jump Street (STC) Digital, Dolby Stereo, Fri-Thu 1:15-1:50-3:40-4:15-7:40-7:40-9:35-9:55
Act of Valor (STC) Dolby Stereo, Digital Fri 7:30-10 Dolby Stereo, Digital Sat-Thu 1:10-4-7:30-10
The Adventures of Tintin: The Secret of the Unicorn (STC) Dolby Stereo, Digital, Fri 1:45-4:30
Alvin and the Chipmunks: Chipwrecked (STC) Digital, Dolby Stereo Fri 12:50-2-3:45-4:45
Dr. Seuss' the Lorax (STC) Dolby Stereo, Fri-Thu 1:20-3:55-6:55-9:30
Dr. Seuss' the Lorax 3D (STC) Dolby Stereo, Fri-Thu 12:45-1:40-3:10-4:10-6:15-6:45-9-9:45
Footloose (PG) Digital, Dolby Stereo, Fri 1:30-4:15
Friends With Kids (STC) Digital, Dolby Stereo, Fri-Thu 1:55-4:45-7:25-9:05
Gone (STC) Digital, Dolby Stereo, Fri-Thu 9:45
Goon (STC) Digital, Dolby Stereo, Fri-Thu 9:20
Happy Feet Two (STC) Digital, Dolby Stereo, Fri 1:25-4:20
The Hunger Games (STC) Thu 12:15-12:30
John Carter (STC) Digital, Dolby Stereo, Fri-Thu 12:30
John Carter 3D (STC) Dolby Stereo, Fri-Thu 3:35-6:45-9:45
Journey 2: The Mysterious Island (STC) Digital, Dolby Stereo, Fri-Thu 1:05
Journey 2: The Mysterious Island 3D (STC) Dolby Stereo, Fri-Thu 3:30-7:10
Project X (STC) Dolby Stereo, Digital, Fri 7:45-9:55 Dolby Stereo, Digital, Sat-Thu 1:25-4:20-7:45-9:55
Safe House (STC) Digital, Dolby Stereo, Fri-Thu 12:40-3:25-6:25-9:25
Silent House (STC) Digital, Dolby Stereo, Fri 8-10:15 Digital, Dolby Stereo, Sat-Thu 1:45-4:30-8-10:15
This Means War (STC) Digital, Dolby Stereo, Fri 7:30-9:50 Digital, Dolby Stereo, Sat-Thu 2-4:45-7:30-9:50
A Thousand Words (STC) Digital, Dolby Stereo Fri-Thu 12:55-4:05-6:30-9:05

The Vow (STC) Dolby Stereo, , Digital Fri 7:15 Dolby Stereo, , Digital Sat-Thu 1:30-4:15-7:15
Wanderlust (STC) Fri 7:55-10:10
Sat-Wed 12:50-3:45-7:55-10:10
Dolby Stereo, Digital Thu 12:50-3:45-7:55-10:10
We Bought a Zoo (STC) Digital, Dolby Stereo Fri 1:10-4

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The Hunger Games: The IMAX Experience (STC) Thu 12:05
John Carter: An IMAX 3D Experience (STC) Fri-Wed 1-4-7:20-10
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Happy Feet (Toonie Matinee) (STC) Fri 1
A Separation (STC) Dolby Stereo Digital Fri-Sun 3:30-6:15-9 Dolby Stereo Digital Mon 5:15-8 Dolby Stereo Digital Tue 2:30-5:15-8 Dolby Stereo Digital Wed-Thu 5:15-8

Park Lane 5657 Spring Garden Rd. 902-423-4860

21 Jump Street (STC) Fri 12:35-3:20-7-9:45 Sat 1-3:40-7-9:45 Sun 1-3:40-7-9:30 Mon 3:45-7-9:30 Tue 3:45-7-9:45 Wed-Thu 3:45-7-9:30
The Adventures of Tintin (STC) Fri 1:20-3:50
Alvin and the Chipmunks: Chipwrecked (STC) Fri 1:30-4
The Artist (PG) Fri 7:10-9:35 Sat 12:40-3:10-7:10-9:35 Sun 12:40-3:10-6:40-9:05 Mon 3:55-6:40-9:05 Tue 3:55-7:10-9:35 Wed-Thu 3:55-6:40-9:05
Coriolanus (STC) Fri 6:35-9:15 Sat-Sun 3:20-6:35-9:15 Mon-Tue 3:35-6:35-9:15 Wed 3:35 Thu 3:35-6:35-9:15
Dr. Seuss' the Lorax (STC) Fri-Sun 12:45 Mon-Thu 3:55
Dr. Seuss' the Lorax 3D (STC) Fri-Sun 3-6:50-9 Mon-Thu 6:50-9
Footloose (PG) Fri 1:10-3:40
Friends With Kids (STC) Fri 12:40-3:10-7:20-9:50 Sat 1:10-3:55-7:20-9:50 Sun 1:10-3:55-7:10-9:35 Mon 3:50-7:10-9:35 Tue 3:50-7:20-9:50

Wed-Thu 3:50-7:10-9:35
The Hunger Games (STC) Thu 12:01
I Am Bruce Lee (STC) Sat 12:45
John Carter (STC) Fri-Sun 12:30
Mon-Tue 3:30 Wed 3:30-6:30 Thu 3:30
John Carter 3D (STC) Fri-Sat 3:30-6:30-9:30 Sun 3:30-6:30-9:25 Mon 6:30-9:25 Tue 6:30-9:30 Wed 9:25 Thu 6:30-9:25
Project X (STC) Fri 12:50-3:20-7:30-10 Sat 1:15-4-7:30-10 Sun 1:15-4-7:15-9:40 Mon 4:05-7:15-9:40 Tue 4:05-7:30-10 Wed 4:05-7:15-9:40 Thu 4:05-9:40
We Need to Talk About Kevin (STC) Fri 6:45-9:20 Sat-Sun 12:55-3:45-6:45-9:20 Mon-Thu 3:40-6:45-9:20
William Shakespeare's Twelfth Night (STC) Wed 7

Lower Sackville

Lower Sackville 760 Sackville Dr., Downs- view Plaza 902-869-2022

21 Jump Street (STC) Dolby Stereo, Fri-Sun 1:10-3:40-7:05-9:25 Dolby Stereo, Mon-Thu 7:05-9:25
The Adventures of Tintin (STC) , Dolby Stereo Fri 12:30-3:15
Alvin and the Chipmunks: Chipwrecked (STC) , Dolby Stereo Fri 12:50-3
Dr. Seuss' the Lorax (STC) Dolby Stereo, Fri 1:20 Dolby Stereo, Sat-Sun 12:40
Dr. Seuss' the Lorax 3D (STC) Dolby Stereo, Fri-Sun 3:25-6:45-9:20 Dolby Stereo, Mon-Thu 6:45-9:20
Happy Feet Two (STC) , Dolby Stereo Fri 1-3:45
John Carter (STC) Dolby Stereo, No Passes, Fri 12:40 Dolby Stereo, No Passes, Sat-Sun 12:30
John Carter 3D (STC) Dolby Stereo, No Passes, Fri-Sun 3:30-6:30-8:50 Dolby Stereo, Mon-Thu 6:30-8:50
Journey 2: The Mysterious Island (STC) Dolby Stereo, Fri 1:30-3:50-6:40 Dolby Stereo, Sat-Sun 1-3:30-6:40 Dolby Stereo, Mon-Thu 6:40
Project X (STC) Dolby Stereo, No Passes, Fri 7:15-9:30 Dolby Stereo, Sat-Sun 1:30-3:50-7:15-9:30 Dolby Stereo, Mon-Thu 7:15-9:30
Safe House (STC) Dolby Stereo, Fri-Thu 9
The Vow (STC) Dolby Stereo, Fri

6:55-9:10 Dolby Stereo, Sat-Sun 12:50-3:20-6:55-9:10 Dolby Stereo, Mon-Thu 6:55-9:10
Wanderlust (STC) Dolby Stereo, Fri 6:50-9:15 Dolby Stereo, Sat-Sun 1:20-3:40-6:50-9:15 Dolby Stereo, Mon-Thu 6:50-9:15

Dartmouth

Dartmouth Crossing 145 Shubie Dr., Dartmouth Crossing 902-481-3251

21 Jump Street (STC) Digital, Fri 12:10-3:25-7-9:50 Digital, Fri 12:45-4:15-7:30-10:20 Digital, Sat-Sun 1-3:45-7-9:50 Digital, Sat-Sun 1:30-4:15-7:30-10:20 Digital, Mon 1-3:45-6:45-9:25 Digital, Mon 1:30-4:15-7:15-9:55 Digital, Tue 1-3:45-7-9:50 Digital, Tue 1:30-4:15-7:15-9:55 Digital, Wed 1-3:45-6:45-9:25 Digital, Wed-Thu 1:30-4:15-7:15-9:55 Digital, Thu 1:30-4:15-7:15-9:55
Act of Valor (STC) Digital, Fri-Sun 7:20-10 Digital, Mon 6:35-9:15 Digital, Tue 7:20-10 Digital, Wed 6:35-9:15 Digital, Thu 10:15
The Adventures of Tintin: The Secret of the Unicorn (STC) Fri 1 Alvin and the Chipmunks: Chipwrecked (STC) Digital, Fri 12-3:15
Dr. Seuss' the Lorax (STC) Digital, Fri 12:35-3:50-6:40-9:25 Digital, Sat-Sun 12:40-3:50-6:40-9:25 Digital, Mon 1:10-3:35-6:55-9:10 Digital, Tue 12:40-3:50-6:40-9:25 Digital, Wed-Thu 1:10-3:35-6:55-9:10
Dr. Seuss' the Lorax 3D (STC) Digital, Fri 1:15-4:25-7:10-9:45 Digital, Sat-Sun 1:20-4:30-7:10-9:45 Digital, Mon 1:40-4:10-7:25-9:40 Digital, Tue 1:20-4:30-7:10-9:45 Digital, Wed-Thu 1:40-4:10-7:25-9:40
Footloose (PG) Digital, Fri 4:05
Happy Feet Two (STC) Digital, Fri 12:20-3:35
The Hunger Games (STC) No Passes, , Digital Thu 12:01 Digital, No Passes, Thu 12:20
John Carter 3D (STC) Digital, Fri 11:45-2:55-6:30-9:45 Digital, Sat-Sun 12:10-3:20-6:30-9:45 Digital, Mon 12:30-3:30-6:30-9:45 Digital, Tue 12:10-3:20-6:30-9:45 Digital, Wed-Thu 12:30-3:30-6:30-9:45
Journey 2: The Mysterious Island

(STC) Digital, Fri 1:25 Digital, Sat-Sun 12:50-3:10-6:45-9:35 Digital, Tue 12:50 Digital, Thu 12:45
Journey 2: The Mysterious Island 3D (STC) Digital, Fri 4:35 Digital, Sat-Sun 4:05 Digital, Mon 3:20 Digital, Tue 4:05 Digital, Thu 3:20
Project X (STC) Digital, Fri 7:40-10:05 Digital, Sat-Sun 1:05-4:35-7:40-10:05 Digital, Mon 1:15-4:05-7:30-10 Digital, Tue 1:15-4:05-7:30-10 Digital, Tue 1:05-4:35-7:40-10:05 Digital, Wed-Thu 1:15-4:05-7:30-10
Safe House (STC) Digital, Fri 11:30-2:45-6:45-9:35 Digital, Sat-Sun 12:25-3:10-6:45-9:35 Digital, Mon 12:55-3:50-6:25-9:20 Digital, Tue 12:25-3:10-6:45-9:35 Digital, Wed 12:55-3:50-6:25-9:20 Digital, Thu 12:55-3:50-9:50
Silent House (STC) Digital, Fri 7:45-10:10 Digital, Sat-Sun 1:40-4:20-7:45-10:10 Digital, Mon 1:20-4:25-7:20-9:35 Digital, Tue 1:40-4:20-7:45-10:10 Digital, Wed-Thu 1:20-4:25-7:20-9:35
A Thousand Words (STC) Digital, Fri 1:30-4:30-8-10:30 Digital, Sat-Sun 1:35-4:30-8-10:30 Digital, Mon 1:45-4:30-7:35-10:10 Digital, Tue 1:35-4:30-8-10:30 Digital, Wed-Thu 1:45-4:30-7:35-10:10
The Vow (STC) Digital, Fri 1:05-4:7:50-10:25 Digital, Sat-Sun 12:55-3:55-7:50-10:25 Digital, Mon 1:25-4:20-7:05-9:50 Digital, Tue 12:55-3:55-7:50-10:25 Digital, Wed 1:25-4:20-7:05-9:50 Digital, Thu 1:25-4:20
Wanderlust (STC) Digital, Fri 6:20-9:20 Digital, Sat-Sun 12-3-6:20-9:20 Digital, Mon 12:40-3:15-6:15-9 Digital, Tue 12-3-6:20-9:20 Digital, Wed-Thu 12:40-3:15-6:15-9

Truro

Truro 20 Treaty Trail, Millbrook 902-895-8020

21 Jump Street (STC) Digital, Fri 12:10-3:10-6:55-9:20 Digital, Sat-Sun 3:10-6:55-9:20 Digital, Mon-Thu 6:55-9:20
The Adventures of Tintin (STC) Digital, Fri 12:30-3:35
Alvin and the Chipmunks: Chipwrecked (STC) Digital, Fri 12:05-3:15

The Artist (PG) , Digital Fri 6:45-9:10 , Digital Sat-Sun 3:15-6:45-9:10 , Digital Mon-Thu 6:45-9:10
Dr. Seuss' the Lorax (STC) Fri-Thu 7-9:25 , Digital Fri 12:25-3:25 , Digital Sat-Sun 3:25
Happy Feet Two (STC) Digital, Fri 12:15-3
John Carter (STC) Fri-Thu 6:30-9:05 Digital, Fri 12-3:05 Digital, Sat-Sun 3:05
Project X (STC) , Digital, No Passes Fri 6:40-9 , Digital, No Passes Sat-Sun 3:35-6:40-9 , Digital, No Passes Mon-Thu 6:40-9
A Thousand Words (STC) , Digital Fri 12:20-3:20-6:50-9:30 , Digital Sat-Sun 3:20-6:50-9:30 , Digital Mon-Thu 6:50-9:30
Wanderlust (STC) Digital, Fri 6:35-9:15 Digital, Sat-Sun 3-6:35-9:15 Digital, Mon-Thu 6:35-9:15

Bridgewater

Bridgewater 349 Lahave St., 902-527-4020

21 Jump Street (STC) Fri 1:30-4-7:05-
9:30 Sat 2:55-7:05-9:30 Sun 2:55-6:20-8:45 Mon-Thu 6:20-8:45
Act of Valor (STC) Fri 6:35-9:10 Sat 3-6:35-9:10 Sun 3-5:40-8:15 Mon-Thu 5:40-8:15
The Adventures of Tintin: The Secret of the Unicorn (STC) Fri 1:10-3:40
Alvin and the Chipmunks: Chipwrecked (STC) Fri 12:30-3
The Descendants (14) Fri 6:40-9:20 Sat 3:15-6:40-9:20 Sun 3:15-5:50-8:25 Mon-Thu 5:50-8:25
Dr. Seuss' the Lorax (STC) Fri 1 Sat-Sun 2:30
Dr. Seuss' the Lorax 3D (STC) Fri 3:20-6:50-8:55 Sat 6:50-8:55 Sun-Thu 6:05-8:10
Happy Feet Two (STC) Fri 1:20-3:50 John Carter (STC) Fri 12:40 Sat-Sun 2:50
John Carter 3D (STC) Fri 3:30-6:30-9:25 Sat 6:30-9:25 Sun-Thu 6-8:55
Journey 2: The Mysterious Island (STC) Fri 12:50 Sat-Sun 2:40
Journey 2: The Mysterious Island 3D (STC) Fri 3:10
Project X (STC) Fri-Sat 7-9:15 Sun-Thu 6:15-8:30
Wanderlust (STC) Fri 7:15-9:35 Sat 3:10-7:15-9:35 Sun 3:10-6:40-9 Mon-Thu 6:40-9

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Eva steps up her girlfriend game and looks after Ryan's beloved dog

Eva Mendes has reportedly been looking for a way to prove to Ryan Gosling that she's serious about their relationship, and she may have found it.

Mendes is taking care of Gosling's dog, George, while the actor is filming in Thailand,

according to Us Weekly.

"He was going to have his friends watch George, but changed his mind at the last minute," a source says.

"That's a huge deal to him. He wouldn't leave that dog with just anyone."



Eva Mendes



Ryan Gosling

Jennifer and Justin sitting in a tree, k-i-s-s-i-n-g, first comes love, then comes baby?

Jennifer Aniston and Justin Theroux have reportedly been telling friends that they're ready to start a family, according to Life & Style Weekly.

And if that isn't enough to stoke pregnancy rumors, Aniston was reportedly eschewing booze during some Academy Awards festivities.

"I saw Jen Oscar week, and she couldn't stop smiling," a source says.

"She was actually less lean and less muscular than I had expected her to be — her body looked softer. In the dress she wore, it really did look like she had a baby bump."



Jennifer Aniston and Justin Theroux

Charlize Theron adds a new role to her amazing résumé: Mother

Charlize Theron has become a mother, having adopted a baby, her rep confirms to People magazine.

"She is the proud mom of a healthy baby boy named Jackson," her rep says, though further details on the adoption weren't forthcoming.

A source close to the Oscar-winning actress says Theron "has been trying to



Charlize Theron

adopt a baby for a long time.

Theron, who is currently single, split from boyfriend Stuart Townsend after nine years together.

"Charlize's mom [Gerda] has been helping out with the baby," the source says. "She seems so happy and will be a great mom."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

American Idol gossip

Jermaine Jones: You're fired!



THE WORD

Dorothy Robinson
scene@metronews.ca

Here's the thing: You can get away with a few little white lies on your resumé if you're applying to, say, a remote Applebee's in some god-forsaken strip mall off the Interstate.

But when you are auditioning for one of the most powerful brands in the entire universe, a brand that has billions at their disposal to make sure nothing happens to tarnish their reputation, you should probably be upfront with anything that might come bite you on the butt later.

It seems like American Idol contestant Jermaine Jones didn't get this memo.

The top 12 finalist was disqualified from the show after the powers-that-be learned he'd kept his criminal background under wraps, having four outstanding arrest

warrants in his home state of New Jersey and a history of using multiple fake names with cops.

And so executive producers Nigel Lythgoe and Ken Warwick fired him on national TV Wednesday night, Donald Trump style.

However, the drama leading up to the evening (blogs have been buzzing with the Jones news since The Smoking Gun uncovered the news) did nothing to boost the show's ratings.

In fact, it was down five per cent from last week.



Russell Brand ALL PHOTOS GETTY IMAGES

Is Russell Brand working through some rage issues?

New Orleans police have issued a warrant for Russell Brand in connection to an earlier incident during which Brand reportedly hurled a paparazzo's iPhone into an office window, according to TMZ.

The warrant is for simple criminal damage to property, a misdemeanor. The website previously reported that immediately following the inci-

dent Monday, reps for Brand contacted the law office involved and said Brand would pay for the damage to the window.

And while Brand has made no official comment on the incident, he did make light of it on Twitter, posting, "Since Steve Jobs died I cannot bear to see anyone use an iPhone irreverently, what I did was a tribute to his memory."

Twitter



@debimazar

Any bklyn realtors on twitter?



@SandraBernhard

i was just told to follow @sandraberndhard1 who isn't me but not doing a bad impression.



@joelmchale

My kid is invoking Force Field way too much these days.

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3

LIFE



Fun Facts

Get to know St. Patrick

• St. Patrick, the patron saint of Ireland, was not Irish but Welsh. When he was about 16, he was captured by Irish raiders and taken to Ireland as a slave. After escaping, he went home and entered the church but returned to Ireland as an ordained bishop.

• St. Patrick's Day is observed March 17 because it is believed that he died on March 17 in the year 461 AD.

• The phrase "drowning the shamrock" is from a custom of floating a shamrock on top of whiskey before drinking it.

• About 10 per cent of Canadians, or more than three million people, are of Irish descent. The population of Ireland is 4.1 million.

THE ASSOCIATED PRESS

On the Web



Toast 'auld sod' this St. Patrick's Day with beer- or whiskey-based cocktails.

Liquid Assets

A strong tradition of Irish sippers



LIQUID ASSETS
Peter Rockwell
@therealwineguy
peterrockwell@eastlink.ca

For such a wee piece of geography, Ireland certainly holds its own when it comes to the creation of classic booze. Think Bailey's Irish Cream liqueur, Jameson Irish whisky and, the true liquid personality of Ireland, Guinness Stout.

Of course, there are other Irish beverages on the shelves at your liquor store that deserve equal attention — especially with tomorrow being Saint Patrick's Day.

When I was on the Emerald Isle a few years ago, I got a chance to head to Northern Ireland and visit The Old Bushmills Distillery: a producer of wonderful triple distilled whiskeys since 1608 (which makes it the world's oldest licensed spirit maker).

Every drop that goes by the name Bushmills is created there and the hand-made attention to detail comes across in every filled glass — one of which you get to choose at the end of the tour.

My pick was the Bushmills 10 Year Old Single Malt Irish Whiskey (\$39.95 - \$48.99). Made with 100 per cent malted barley and aged in barrels that once housed American bourbon, it's a rich, complex whiskey with warm honey overtones and a long, palate-massaging finish. Sláinte.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.



This recipe makes six servings. MATTHEW MEAD/ THE ASSOCIATED PRESS

A meal that would make St. Patty proud

Dublin Coddle. Try this healthier version of the one-dish meal considered to be one of Ireland's most delicious national dishes

Traditionally made with both bacon and sausage to flavour a base of potatoes and onions, Dublin coddle is an insanely good one-dish meal. And it would be a great choice for St. Patrick's Day. Assuming, that is, it can be worked into a healthy diet.

Start by opting for leaner meats that still pack tons of flavour, including Canadian bacon, which actually is closer than American bacon to rash-

ers, the variety of pork used in Irish cooking.

Canadian bacon and Irish rashers are made from the back loin of the pig rather than the fattier pork belly used for American-style bacon.

For the sausage, switch to chicken sausage, which is high in flavour, and generally has far less fat and calories than traditional sausage.

The herbs and seasonings already serve the meal well, so don't mess around with those. But add a few extra vegetable because, hey, we could all use a few extra servings of those.

And for a final punch of flavour, add apples and apple cider.

1 In a large Dutch oven over medium-high, heat the oil. Add the Canadian bacon and

sauté until lightly browned, 3 to 4 minutes. Using a slotted spoon, transfer the bacon to a small bowl.

2 Add the sausage to the pan and brown the slices on both sides, about 3 to 4 minutes per side. Transfer the sausage to the bowl of bacon. Add the onions and garlic to the pan, then sauté for 7 to 8 minutes, or until they begin to brown. Stir in the sage, thyme and parsley.

3 Add the russet and sweet potatoes, carrots, apples and reserved meat. Pour the apple cider and chicken stock over everything. Cover and set over medium-low heat. Cook until the vegetables and potatoes are very tender, about 1 to 1 1/2 hours. Season with salt and pepper. **THE ASSOCIATED PRESS**

Ingredients

- 30 ml (2 tbsp) canola oil
- 3/4 cup (6 oz) Canadian bacon, chopped
- 1 1/4 cups (10 oz) chicken sausages, sliced into 2.5 cm (1-inch)-thick diagonal slices
- 2 large yellow onions, sliced
- 3 cloves garlic, chopped
- 30 ml (2 tbsp) each chopped fresh sage and thyme
- 45 ml (3 tbsp) chopped parsley
- 2 large russet potatoes, cut into thick slices
- 1 large sweet potato, cut into thick slices
- 2 carrots and 2 apples, cut into 2.5 cm (1-inch) chunks
- 250 ml (1 cup) apple cider
- 250 ml (1 cup) chicken stock
- Salt and black pepper



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Royce rolls over Rainmen to force deciding Game 3



Halifax Rainmen point guard Taliek Brown takes a shot over a pair of Quebec Kebs during Thursday's game at the Metro Centre. The Kebs squeaked out a 112-109 win and forced Game 3 on Friday. RYAN TAPLIN/METRO

NBL Canada. Kebs guard notches seven 3s and 19 fourth-quarter points to keep Halifax from advancing to NBL Canada final



MATTHEW WUEST
matthew.wuest@metronews.ca

Royce Parran wasn't just hard to defend — he was unstoppable.

The Quebec Kebs guard, listed favourably at five-foot-10, almost single-handedly lifted his team to a 112-109 win over the host Halifax Rainmen on Thursday to force a third and deciding game in the National Basketball League of Canada best-of-three semifinal.

Parran nailed seven three-pointers as part of a sensational 39-point effort, including 19 in the fourth quarter and 14 of the Kebs' final 16 points inside the 2:30 mark, to leave the Metro Centre crowd of 2,842 in stunned silence.

"We just let him go — every play, we said, we want Royce with the ball," said Kebs guard Ralph Holmes, who chipped in with 31 points. "We see it every day in practice with him. He plays with so much fire and he's so quick."

The Kebs, who were 13-of-22 from beyond the arc, were in control for most of the game, with a six-point edge at half-time and an eight-point lead heading into the fourth quarter.

They extended the lead to 10 before the Rainmen went on a 10-0 run and turned the final five minutes into a highlight-packed, see-saw battle.

Tyrone Levett hit a three-pointer to put Halifax up 109-

NBL final

- If the Rainmen win Friday, they're tentatively scheduled to start the best-of-five final Sunday at 5 p.m. on the road against the London Lightning.

108 with 27.7 seconds left, but Parran came right back with a desperation, double-clutch jumper through two defenders for a one-point lead with 11.2 seconds left and then finished it off with a pair of free throws.

"He was confident — throughout the whole game, he was hitting his shots," said Rainmen forward Darnell Huggie, who had a 23-point, 10-rebound double-double. "He was comfortable, and you've got to get him out of his comfort zone to stop him."

Parran was modest about the effort, saying the team has a lot of good players who can score.

"Today was somebody else's turn," the Chicago native said.

After Parran put the Kebs up 110-109, the Rainmen had a chance to hit the go-ahead shot off an inbounds play in the frontcourt. But Taliek Brown's inbounds pass went off a leg and into the hands of the Kebs.

"I guess guards didn't sprint to get open or it was just a miscommunication on who was supposed to get the ball," Huggie said. "We just couldn't get the ball inbounds and it was tough luck that we turned it over."

For what it's worth, both teams are predicting victory for Friday's deciding contest at 7 p.m. at the Metro Centre.

"Kebs win — by three," Holmes said.

Said Huggie: "It puts a little bump in our plans, but we're going to finish them off. Guaranteed, man."

4

SPORTS



In brief

Local talent descends on Frozen Four

Jillian Saulnier of Halifax, pictured, and Brittany Haverstock of Hammonds Plains will compete for an NCAA Division I women's hockey championship this weekend at the Frozen Four in Duluth, Minn. Saulnier is a freshman forward with the Cornell Big Red who had 51 points in 32 games this season. Haverstock is a senior blue-liner with the Wisconsin Badgers who had four assists and a plus-19 rating in 34 games. Action starts Friday, with the championship being played Sunday. Blayne Turnbull of Stellarton also plays for Wisconsin.

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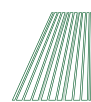


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QMJHL. Herd 'have to rebound' to solidify playoff spot after Wednesday's blowout loss to Sea Dogs



MATTHEW WUEST
matthew.wuest@metronews.ca

The Halifax Mooseheads have six possible playoff opponents heading into the final weekend of the QMJHL regular season.

The Mooseheads, who visit the Bathurst Titan on Friday and the P.E.I. Rocket on Sunday, can finish anywhere from sixth to eighth, meaning they'd face



Matthew Boudreau has a goal and two assists in his past three games and has emerged after an 11-game goalless drought. RYAN TAPLIN/METRO FILE

either the ninth, 10th or 11th seed in the first round starting next week.

The Titan, Val-d'Or Foreurs, Moncton Wildcats, Drummondville Voltigeurs, Gatineau Olympiques and Baie-Comeau Drakkar are all in contention for those three seeds, with just six points separating them.

The Mooseheads (38-22-6)

are two points ahead of the seventh-place Rimouski Océanic and three points ahead of the eighth-place Chicoutimi Saguenéens. But they're coming off a 6-1 loss to the Saint John Sea Dogs.

"We have to rebound on Friday and play the hockey we know we can to build momentum for the playoffs," said

Playoff picture

Records and point totals for the teams seeded sixth through 15 in the QMJHL standings.

- Halifax, 38-22-6 (82)
- Rimouski, 39-25-2 (80)
- Chicoutimi, 35-22-9 (79)
- Bathurst, 31-30-5 (67)
- Val-d'Or, 30-31-6 (65)
- Moncton, 29-31-6 (64)
- Drummondville, 27-30-9 (63)
- Gatineau, 26-30-10 (62)
- Baie-Comeau, 28-33-5 (61)

Mooseheads centre Brent Andrews.

"Those are big games. We've had trouble with those teams all season. We need to come in and compete and get the points that we need."

The regular season ends Sunday. Every team in the QMJHL has two games remaining.

NHL. Bruins outgunned once again in Florida

Jose Theodore stopped 24 shots and the Florida Panthers scored three second-period goals to beat the Boston Bruins 6-2 on Thursday night.

Wojtek Wolski, Tomas Kopecky, John Madden, Stephen Weiss, Marcel Goc and Mikael Samuelsson scored for the Panthers.

Florida has won three straight games and increased its lead in the Southeast Division to three points ahead of

Wounded champs

4

The Bruins have lost four straight and six of their last eight.

idle Washington.

Brian Rolston and Joe Corvo scored, and Tim Thomas made 23 saves for the Bruins, who gave up six goals for the second straight game.

THE ASSOCIATED PRESS

March Madness

Orange survive crushing defeat

Syracuse was staring at NCAA tournament history on Thursday.

A No. 1 seed has never lost to a No. 16 seed, and they were trailing North Carolina-Asheville with just over 6 minutes to play.

But led by reserve forward James Southerland, the Orange rallied for a 72-65 victory over the Bulldogs.

THE ASSOCIATED PRESS

NFL

Bills aggressive in signing Williams

Star defensive end Mario Williams signed a six-year contract with the Buffalo Bills on Thursday.

Williams' contract was touted as the richest ever given to an NFL defensive player — a deal worth up to \$100 million with \$50 million guaranteed, according to his agent, Ben Dogra.

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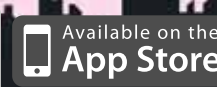
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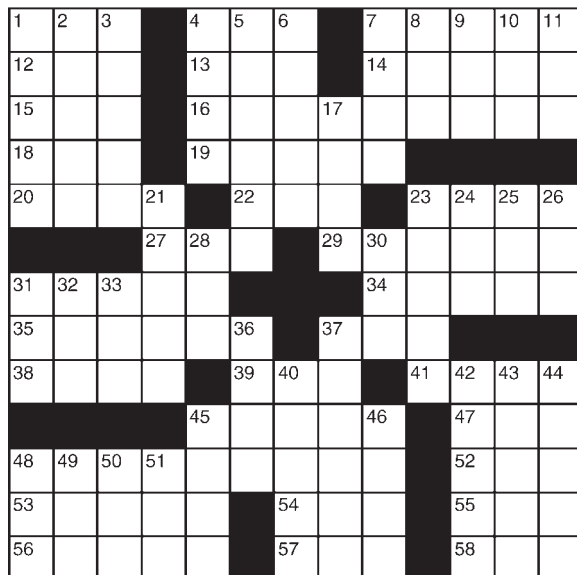
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Crossword

Across

1 Reggae relative
4 Toss in
7 Heathen
12 Fix a skirt, maybe
13 Whopper
14 Battery terminal
15 "The — Daba Honey-moon"
16 Large Asian
18-Across
18 Rodent
19 Beelike
20 Sacred bird of Egypt
22 Flightless bird
23 Jason's craft
27 Listener
29 Potas-sium provider
31 Oust
34 Computer fodder
35 Small chicken
37 Support system?

38 Tourna-ment situations
39 Cinnabar, e.g.
41 Note from the boss
45 Fuss
47 "To be or — ..."
48 Handrail (Var.)
52 Drunkard
53 Foreigner
54 Superla-tive suffix
55 Work with
56 Under a jinx
57 Pigpen
58 Always, in verse
Down
1 Puppeteer Lewis
2 Skewered entree
3 Ritzzy
fiddle



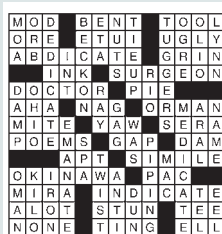
4 Actress Jessica
5 Baby's garment
6 Jeans material
7 Ache
8 Mandela's org.
9 Sticky stuff
10 Commo-tion
11 Profit
17 Smear
21 Denomi-nations
23 Part of Vietnam
24 Knock
25 Wilde-beest
26 Feedbag tidbit
28 — glance
30 Melody
31 Recede
32 Funny Leno
33 Away from

WSW
36 Cattle calls?
37 Command
40 Memory methods
42 Follow
43 Bull-winkle, e.g.
44 Playful water critter
45 Hart's mate
46 Bohemian
48 Scrooge's cry
49 Hearty quaff
50 Kibosh
51 Born

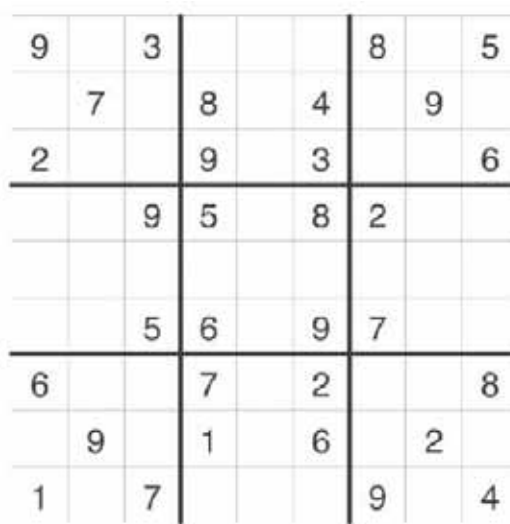
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Yesterday's answer



Sudoku



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Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer



Send a kiss

• **C>P>**. dear Goddess you are my only love and I will not live without you. You are the one I see in my dreams day and night. I cannot live without you. Please come find me before I totally lose my mind. Please goddess let us be together forever. I love you forever and ill be here looking for you forever ... hugs : kisses tickles :((From miserably lost love

• **Mirrorman**. I missed you. Please oh please copy everything i write. Please pretty please copy everything in sight. Clone me baby i want to have copycat kids with you mirrorman. Please sleep with me so we can copy the world. Please copy this my mirrorman lover From Copycat

• **My Hero Lady**. The day we broke up my heart shattered. It was a rough time getting it pieced together again but we should cheer more for that period we loved each other so much! It's never fully gotten there. I loved you and missed you. One day you have to show up!

Horoscope

♈ Aries | March 21 - April

20. Do something different today, something that disrupts your normal routine. It's time to shake things up.

♉ Taurus | April 21 - May 21.

Even if you're successful, there's always something better you can aim for. The planets urge you to raise your sights, redouble your efforts.

♊ Gemini | May 22 - June 20.

You may have to shout if you want to be heard today, but you must not allow yourself to get emotional, especially at work.

♋ Cancer | June 21 - July 22.

Do the right thing today. Act on principle even if it means you lose out financially. It will balance out.

♌ Leo | July 23 - Aug. 22. According to the planets, you will be dealing with some very important people over the next few days.

♍ Virgo | Aug. 23 - Sept. 22.

You need to narrow your focus a bit. You need to hone in on what is truly important. Cut out what wastes time.

♎ Libra | Sept. 23 - Oct. 22.

Do you stick with what you know and trust or do you risk everything and attempt something new and exciting? Only you can decide.

♏ Scorpio | Oct. 23 - Nov. 21.

Think carefully before you decide to end a relationship of some kind. Is the situation really so serious that you can't patch things up?

♐ Sagittarius | Nov. 22 - Dec.

21. The pace of life will increase dramatically over the next few days. Are you ready? Get help if need be.

♑ Capricorn | Dec. 22 - Jan.

20. Your main task today is to cut out of your life a project or pursuit that no longer motivates you.

♒ Aquarius | Jan. 21 - Feb 18.

Some of the people you meet today will be rather aggressive and you need to make sure that you don't get aggressive in return.

♓ Pisces | Feb. 19 - March 20.

Someone's been a bit critical of your performance, but if you think about what they have said, you will have to admit they are right. **SALLY BROMPTON**

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Saturday

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Bonnie

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1. Changed colour of archway left of the 2012 Chevrolet Cruze. 2. Removed window from top left of image. 3. Removed street lamp left of the 2012 Chevrolet Cruze. 4. Added second grey decor stripe to first yellow pillar on the left side of image. 5. Removed right rooftop decor from top of image. 6. Increased the wear and tear of building right of the 2012 Chevrolet Cruze. 7. Changed colour of shingles on top of pillar to blue. 8. Added additional pillar to right of image. 9. Changed licence plate letters from "HHN" to "HNN". 10. Cut removed from right side of image



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